



## Privacy Policy

This privacy policy has been created to answer any questions you might have about how we/I handle your data. If you have any further questions please email me at [hybirth.aimee@gmail.com](mailto:hybirth.aimee@gmail.com)

My practices and procedures are intended to ensure that the information you submit remains private and is only used for the purposes set out in this policy. Please be assured that we will not sell or share any information about you with any third parties unless we are required to do so by law. All information is processed and stored through GDPR-compliant methods, including any third parties, including data controllers and payment handlers.

The information I take should you decide to take a course/class/event with me is used for the following reasons:

- Insurance requirements
- Tailoring content to your situation
- Communicating with you out of sessions

Your information will be held confidentially and not shared with anyone else. Once the information is no longer needed it will be shredded. Records held on a computer system will be password protected.

I use traffic log cookies to analyse data about web page traffic, improve the website and tailor it to client needs. Data is held temporarily and removed from the system. You can choose to accept or decline cookies.

I am required to allow you to view your information at any time. It is your responsibility to ensure that the data I hold on you is up to date so please contact me at any time to update your records.

If you do not agree with the details set out in this policy, please do not submit your data to me.

If you have previously agreed to me using your personal information for direct marketing purposes, or for use of products or services, and you would like me to remove your data please contact me and I will remove/delete your data within 30 days.